

# Looking in and looking out:



LITHUANIAN GROUP  
RELATIONS SOCIETY

## Developing consultancy practice through understanding Self-in-role.

Saturday, 15<sup>th</sup> May 2021:

12.00 – 18.00hrs, EET (10.00 – 16.00hrs, UK)

**ONLINE**

Sunday, 16<sup>th</sup> May 2021:

10.00 – 16.00hrs, EET (08.00 – 14.00hrs, UK)

### A 2 day

international experiential workshop for group facilitators and organisational consultants, coaches, HR specialists who are committed to developing their practice.

Working in small consulting groups of around 4 – 6 people, the workshop will draw on a range of theoretical traditions and organisational practices to look at the idea of “self in role”. These traditions include **social-systems psychodynamics** (the “Tavistock model”), **psychoanalysis** and **organisational role consultancy** as originally outlined by the Tavistock Institute (UK).


This online workshop will pivot from reflecting on members own experiences of themselves in role to utilising self-awareness to support their work when consulting to others. It will draw on **organisational role analysis (ORA)** as described by the Grubb Institute (UK) and applications of **group relations consultancy**, whether consulting to individuals, groups or to organisations.

## Timetable: Times are EET

### Saturday 15<sup>th</sup> May

### Sunday 16<sup>th</sup> May

EET		EET	
10am		10am	Plenary and paper discussion
11am		11am	Break
12pm	Plenary, introductions and concepts	11.15am	Consultancy in Action
1pm	Break	12.30pm	Break
1.15pm	Self in role consultation	1.15pm	Consultancy in Action
2.30pm	Break	2.30pm	Break
3.15pm	Self in role consultation	2.45pm	Review groups
4.30pm	Break	3.30pm	Plenary
4.45pm	Review group	4pm	Close
5.30pm	Plenary		
6pm	Close		



**Jo-anne Carlyle PhD** is a clinical and forensic psychologist, a psychoanalytic psychotherapist and organisational consultant. Her broad interests include international development and inclusion; using Group Relations models of learning for building women's leadership potential. She has worked on applications of Group Relations leadership and consultancy in the UK, India, Lithuania and Canada. A book on "Outcome Measurement in Counselling and Psychotherapy" (co-written with Prof. Chris Evans) will be published by Sage in 2021.

**Chris Tanner MA** is a coach and organisational consultant with wide experience of working with teams in the health, social care and education sector. He is course director of the MA Management and Organisational Dynamics, at University of Essex, UK. He is the training director for OPUS (Organisation for Promotion Of Understanding In Society), the Society for Organisational Consultants in the UK. He has directed several international Group Relations Conferences for OPUS, University of Essex, Birkbeck University in the UK.

An additional consultant may be invited to join the staff team to ensure small group numbers.

---

## FURTHER INFORMATION AND REGISTRATION DETAILS:

### TIME:

May 15<sup>th</sup> 2021: 12.00 – 18.00hrs, EET (10.00 – 16.00hrs, UK)

May 16<sup>th</sup> 2021: 10.00 – 16.00hrs, EET (08.00 – 14.00hrs, UK)

**ONLINE PLATFORM:** Zoom

**WORKING LANGUAGE:** English

**FULL FEE:** 145 EUR

**REDUCED FEE:** 125 EUR for Lithuanian Group Relations Society (LGRS) members

**WHERE TO REGISTER**

**REGISTRATION DEADLINE:** May 8th 2021

**CANCELLATION POLICY:** 50% refund until 10 days prior to the event. No refund after this point.

**ENQUIRIES:** Please contact Erika Speičytė-Ruschhoff by email [erika.speicyte@gmail.com](mailto:erika.speicyte@gmail.com)

**IMPORTANT:** Places are limited, so early registration is highly recommended.

